

HOW TO MEASURE BUBBLE HEIGHT ON AIR BUBBLE ROLLS

In both perforated and non-perforated rolls, air bubble sheeting makes excellent cushioning and void fill, as well as protection against shock, abrasion and vibration in shipping. The heavier the items being shipped, the higher the bubble height you should use. When measuring air bubbles, the bubble height refers to the measurement from the bottom of a single air bubble to the top of that air bubble.

Most air bubble rolls come in one of 3 bubble heights:

- 1 **3/16"** – best for light weight items and interleaving
- 2 **5/16"** – best for medium weight items and general purpose cushioning
- 3 **1/2"** – best for heavy weight items, dunnage and void fill

